

The Power of Art

"A picture is worth a thousand words." (Unknown) "The pen is mightier than the sword." (Edward Bulwer-Lytton) "Dance is the hidden language of the soul." (Martha Graham) "Without music, life would be a mistake." (Friedrich Nietzsche) "All the world's a stage and all the men and women merely players." (William Shakespeare) And in the healing professions, "Art gives us the ability to express thoughts and feelings that words cannot convey, and the capacity to heal wounds we cannot see." (David Schroeder)

As referenced throughout time and across artistic boundaries, there's no doubt that the arts play a central and vital role in our lives. So much so that Winston Churchill is rumored to have said, when asked if England should abandon funding for the arts to help the war effort, "Then what are we fighting for?"

Apparently, however, those sentiments have lost their way in our country. Over the past several decades, in spite of scientific evidence that verifies the benefits of art in both intellectual development and emotional health, funding for the arts has dwindled, and many school districts have dropped arts programs from their curriculums.

However, art is not to be denied. We, as artists, know better and have come forward with efforts to preserve and promote our art forms, and pass on our artistic knowledge to future generations.

From this point of view, I'm gratified to see that Mistlin/CCAA has been playing an important role in keeping the arts alive in our community. We have two tremendous programs that speak directly to this issue. Our CLASS program, coordinated by Linda Knoll, has been providing art instruction in schools that cannot afford full-time arts

Coming Exhibitions

Home for the Holidays member show is taking entry forms until Nov. 9 and receiving is **Saturday, Nov. 16**. The show runs through Saturday, Dec. 21. **The gallery will be closed between Dec. 24 and Jan. 1**, but work can be picked up on Saturday, Dec. 28 between 12-4.

We'll open 2020 with a member show, **Valley Impressions and Abstracts**. Receiving is 12-4 p.m. on Dec. 28. Gallery A will feature a showing of the work of **Susan Maithya**. Susan is from Kenya, Africa and will show her stylized works of people and animals.



Painting by Healing Journey participant, Tommi Lou Carosella

programs on their own. It has grown steadily over the years and has plans to expand their offerings, beyond the visual arts, to other art forms.

CCAA has also partnered with Memorial Medical Center (Sutter Health) over the past several years to provide an arts-based program for cancer survivors, under the direction of Galen Martin. The impact of their work can be seen on the walls of our gallery every year in October in an exhibit titled, "The Healing Journey: MMC Complementary Therapy Art Show." The paintings, writings, and photography of the participants attest to the power art has to "heal the wounds we cannot see."

I know, in many ways, I'm preaching to the choir, but I think it's important to recognize that as we pursue our individual paths to artistic Nirvana, we are also involved in a greater movement to actualize ourselves and others through our artistic endeavors. It's also important to acknowledge that our mission as an organization is to expand our influence beyond our gallery walls into the community in which we live and work.

David Schroeder

In February, David Schroeder will present another foto Modesto. This time it's **Collision V** showcasing photographers paired once again with local poets. This year's featured photographer is Adrian Mendoza.

March, as always, is devoted to our children's show, **Young@Art** which features over 200 works by students from 0-18. Art can be submitted from teachers, families or students. Entry fee is \$2 per piece, with a limit of two per student.

Prospectus and information can be found at the gallery, or online at <https://ccaagallery.org/current-upcoming-shows/>

Presidents Message

by David Schroeder

Volunteer Power

As 2019 enters the homestretch, I paused to look back on my first year as President of the Board. The most prominent memories, and the events that have contributed most to my learning curve, have all involved the volunteer power of our organization. From docents to exhibition hosts to board members, almost all are volunteers who contribute their time and effort to keeping the doors open while, at the same time, pushing toward a more creative future. None seek personal recognition. In fact, many go to great lengths to avoid being acknowledged at all. But maybe that's my job; to name names and pass out kudos. I don't do it to embarrass anyone or to stroke egos, but to inform our many members, especially those who do not actively participate in the running of the gallery, about who among us actually make it work.

The most recent examples of volunteer power have all involved people stepping up when a fellow volunteer has needed support or a pinch hitter. Several weeks ago, Dixie Zambruno, she who keeps the gallery doors open by recruiting, training and scheduling docents, needed to take time off for personal reasons. While some of us sat around thinking, "Now what?" Rebecca Wynn quietly grabbed the docent book and began calling people to fill in the schedule. Others pitched in, as well, telling Dixie that we had her back until she could return.

There were two other similar incidents of which I was aware. When Phonsie Bates was forced to take some time off during the planning for our Autumn Arts Festival, Rebecca and John Wynn (the "dynamic duo") stepped up and kept things going until her return. And when Tommi Lou Carosella, our chief caterer, had to respond to a family emergency, Diane Sorensen and Marianne Ward, took



charge and fed the folks who attended our recent cabaret show. Our volunteers not only keep the show going, but take care of each other, as well.

I've also been impressed with the members who act as show hosts for our many exhibits. At the top of the list are John Wynn and Phonsie Bates, who have produced and directed our annual Autumn Arts Festival – our most prominent and successful fund-raising exhibit. Kudos to you and your team! In the same vein, Virginia White did a masterful job hosting the Flowers and Still Life exhibit, as did Mary Jane Kiskinen with the Summer Splash show, Marianne Ward with the Meet the Artist event, and Tony Pooler with the Figures exhibit. These same folks, along with John Wynn and Dixie Zambruno could also be found helping with the transition with one show to another. Thank you.

On a personal note, I'm grateful to Tony Pooler for his continued mentoring on the role of Board President and for his support for some of my more "outside the box" ideas. By the same token, I'm also grateful to John Wynn for his "full frontal" bluntness regarding these same ideas. Between them, I seem to remain balanced.

One last thought. The volunteers I've mentioned, and those I haven't, have done more than donate their time and effort to the running of the gallery. They have also, often, sacrificed their personal "art time" to make sure we stay afloat. I'm not sure this is accurate, but I've noticed that Tony Pooler has become more productive, artistically, and has a smile on his face more often since stepping down as president. – Anyone want to buy a camera?

Mark your calendar with Holiday Potluck

Our annual member's holiday potluck will take place on **Thursday, Dec. 5 from 5:30 -8:30 p.m.** at the gallery. Bring a dish to share. We'll provide beverages and table settings. See you there!



Events being planned for 2020

Planning is underway for next year's cabaret series which will include the Rykert Trio, to be scheduled during the Healing Journey exhibition in October, and possibly another concert by Karolina Syrovatkova. Others will be announced as they are confirmed.

Our Expose Yourself to Art lecture series will include presentations by Rene Daveluy (dance), Jack Souza (drama), Gillian Wegener & Stella Beratlis (poetry), Aaron Vickery (Mural Art), Vance Whitaker (Stage Make-up), David Chapman (guitar), and Adrian Mendoza (photojournalism). Dates TBA. Still open to suggestions – contact David Schroeder.



Artist Open Studio tour scheduled in April 2020

Artists, don't miss the opportunity to open your studio to the public. Register for the Stanislaus Artist Open Studio tour, happening April 25-26, 2020. The self guided tour around the county takes place both days from 11 a.m. to 5 p.m. Tour maps will be available in March and will be free to the public this year. Artists can register to participate until Jan. 15, 2020. Register at <https://www.openstudio.eventbrite.com/e/artist-registration-aos-2020-tickets-79922730037>



Upcoming workshops:

Screen Print Holiday Cards

Saturday, December 7, 12 – 4 p.m.

Join Chris Garcia of Myth and Arrow Press to create a variety of holiday and winter themed cards while learning the basics of screen printing. \$50 registration includes all materials. This intro might inspire you to take a 2-day workshop with Chris, scheduled in March 2020 where you'll create your own designs and print on paper and textiles.

Winter Sculpture Camp for Kids

Monday – Friday, Jan. 6 – 10, 10:00 – 11:30 a.m.

Gift your kids, ages 8-13, a fun week during winter break to come and create a variety of sculpture and 3D works of art using clay, wire, cardboard, found objects and more. Registration \$95 at the gallery, or online at <http://mistlingallery.eventbrite.com> All supplies included.



Magnolia Blossom Watercolor Workshop

Saturday-Sunday, January 18-19, 9:30 am – 4:30 pm

Paint along, step by step with Shirley Green, from photos and written instructions of a magnolia blossom and leaves (shown above). Shirley will be focusing on color harmony, color infusion, glazing and some discussion on composition. Short demos will be followed by students painting their own work. All students will work on the same subject. Some watercolor experience is helpful. Adult only, beginner to intermediate. Fee \$135, students will be provided a list of materials to bring to class.

Screen Printing 101 with Chris Garcia (Myth and Arrow Press)

Saturday/Sunday, March 14-15, 1:30 p.m. – 5:00 p.m.

Ages 12 and up. Come and learn the bold and versatile art form of screenprinting. You can be a complete beginner or someone looking to brush up on their skills. A two day class that will show you how to take your art, hand drawn or digital files (photos), and create hand pulled screen prints. You will learn how to make an edition of prints (two colors) as well as garment printing on T-shirt and tote bag. All supplies included in fee (You may bring additional things to print on) Cost: \$150 . Registration ends March 1.

Preschooler/Adult Art Exploration

Thursdays, March 26 – April 30, 10:00 – 11:00 a.m.

Join us for a fun, low stress exploration of art materials and creativity aimed at pre-school aged children with a parent, grandparent or other caregiver. Ages 2-5 and an adult. \$85 for six sessions, materials included.

Register in person or by phone at Mistlin Gallery, or online at mistlingallery.eventbrite.com

Figure Drawing Drop-In Each Wednesday, 7 – 9 p.m.

Join us for informal, non-instructional life drawing sessions with a nude model. This is a weekly drop-in group, \$10 per night. Bring your own supplies and easel (tables are available). No registration necessary, over 18 only.

REGISTRATION INFORMATION: Find information and register for classes in person at Mistlin Gallery, 1015 J Street, or online at <http://mistlingallery.eventbrite.com>

Calls for Art!

Modesto will be the site of a Jane Austen Literacy Destination Weekend, January 10-12, 2020. The promoters expect to draw Jane Austen fans from all over the world. There will be a reception for Jane-Con attendees at the Mistlin Gallery during the weekend event. To share the excitement, the Mistlin Gallery will participate with a **pop-up exhibit featuring “All Things Jane”**.

This is a great opportunity for CCAA artists to grab a cup of tea and try their hand at Regency art. Thirty works will be accepted for display from Tuesday, January 7, through Sunday, January 12. A prospectus will be forthcoming. The event organizers recommend offering smaller works (that would fit into a suitcase) at a reasonable price point. For inspiration, Google *Jane Austen Regency Art*.

Celebrating women’s accomplishments in America

Think about how you might create on the theme of Women in America to celebrate the ratification of the 19th amendment (giving women the right to vote) 100 years ago. Our July 2020 exhibition will be an open show on this theme and will welcome all media, installation, poetry and historical memorabilia. Be on the lookout for entry information coming soon.



Next cabaret, “The Passion of Flamenco,” Nov. 23



Join us on November 23 at 7:00 pm at the Mistlin Gallery for an evening of music and dance, celebrating Flamenco and the art of Andalucia. Flamenco Puro, a group assembled and led by David Chapman will take us on a journey through the history of Spanish music from it's inception to our current Tablao and the celebrated Concierto de Araniuez.

Dr. David Chapman is the Director of Guitar Studies and Department Chair at Stanislaus State University. He is a Fulbright scholar and a master on classical and Flamenco guitars. He will be joined in this program by his wife, Karolina Syrovatkova, a well known international pianist, and by Bianca Rodriguez (dance) Albert Marques (guitar) John Martin (percussion).

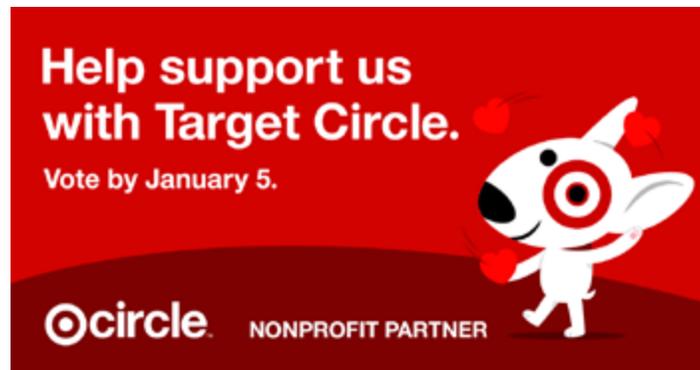
Champagne and desserts are included with admission. On a Spanish theme, we'll be offering some savory tapas and sangria as well.

Ticket prices: VIP seating, \$50 (CCA members, \$40 only available at Mistlin Gallery), General Admission, \$30, Students, \$20. Tickets are available at Mistlin Gallery, or online at mistlingallery.eventbrite.com



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We are honored and excited to announce that we have been chosen to participate in a special charitable giving campaign, sponsored and funded by Target. And you have the chance to help direct a portion of Target's donation to us!



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We're asking our supporters to help us make the most of this incredible opportunity. Every vote counts to help us receive a portion of the available Target funds as we continue our mission to provide art education in our local elementary schools.

Don't forget, as you earn more votes with your purchases, you can keep voting multiple times during the campaign! Thank you for your support, and we encourage you to share your support for us (and your thanks to Target) on social media throughout the duration of the voting!

Would you like to make a donation? Central California Art Association is a 501c3 non-profit. We use donations to run Mistlin Gallery, including art exhibitions, classes for children and adults, and art education programs in area schools. Donations can be mailed to 1015 J Street, Modesto 95354 or made online at <http://ccaagallery.org> through PayPal or by credit card. We appreciate your generosity!